# LEARNING TO OVERCOME ADVERSITY & ADVOCATE

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### Acknowledgement of Country

We would like to acknowledge the traditional custodians of the land in which the ANU is situated, the Ngunnawal and Ngambri people, who have nurtured this land for millennia and respect their continuing connection to the lands, waters and communities. We pay our respects to the Elders past, present and future, for they hold the memories, traditions, culture and hopes of the first nation's people.

### Activity

Do you know the traditional custodians of the place where you grew up? If not, take a moment to find out.



### embarrassed broke displaced prou disconnected unsupported

"There are so many pressures that other people don't know about, like pressure to earn income for your family...that really impacts your identity as a student....and makes you think, 'how can I fit in and how can I make friends if I'm not here?' I think its important to feel included" - Student

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First-Year Experience (FYE) is a program designed to provide students with information about university life, help students access key support services on campus, promote a sense of belonging at the ANU, and foster social connections amongst peers with shared experiences.

Provides support to students from nontraditional background – including regional, rural and remote, low socioeconomic status, first in family/first generation, refugee, Aboriginal and Torres Strait Islander – commencing at the ANU to assist them with their transition to university.





### FYE Mentoring provides holistic support for incoming students during their first semester through group and peer interactions.

Group Mentoring

Newsletter

Orientation Events

In-Person/Online Activities

Financial Assistance



FYE Mentoring facilitates the development of students as leaders and peer supporters through group interactions.

Training

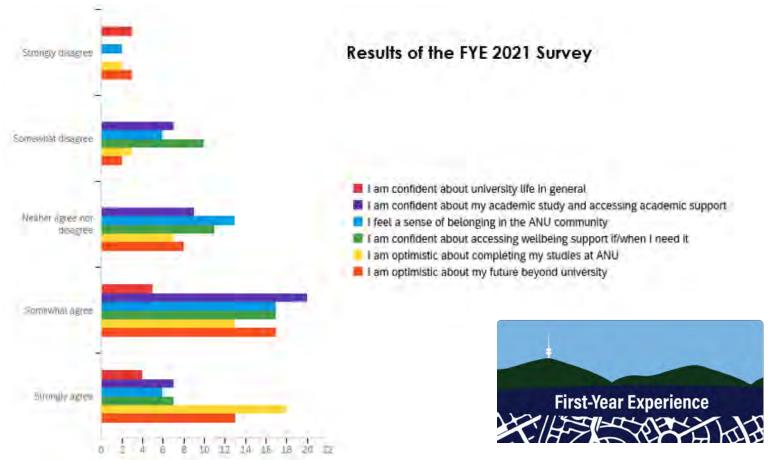
Improve Important Soft Skills

ANU+

References

External Opportunities

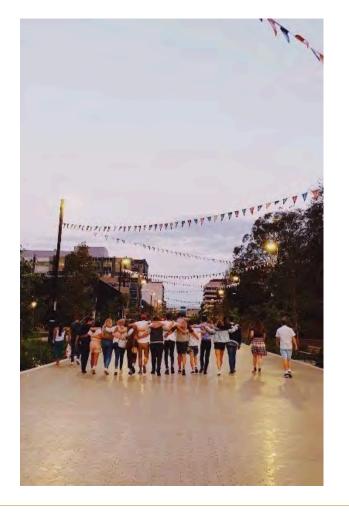








## Adversity to Advocac



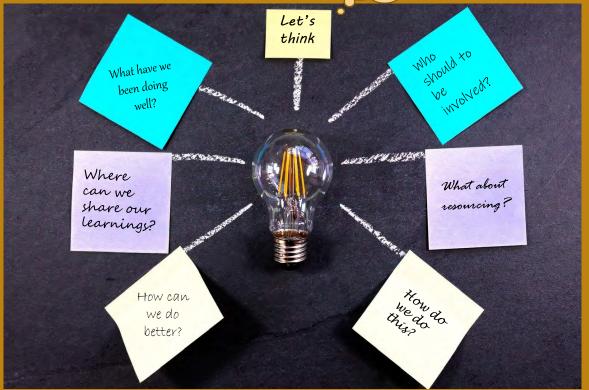


### What did FYE students say in 2021?

- "Coming from a rural background, I found it really hard initially to adapt to the more 'city' lifestyle and relate to my peers (many of which came from large cities)."
- "Some courses weren't quite what I expected at first and had some strange choices in how they were structured but they all eventually got into a nice rhythm and worked well."
- "Classes were good but some lacked support when having trouble learning concepts."
- "I spent a lot of time trying to figure out university life. I started to make new friends. I struggled with my mental health a fair bit for the first time in my life."









## Linking





programs. In 2022, FYE ANU ANU+

will also link with Thrive, Set4ANU and STOMP

Engagemen

t and

Success

All FYE students have the opportunity to complete a Strengths assessment

CliftonStrengths











Some of the external partners that have worked with us this year.







FYE has had great support and utilised many resources from various teams and divisions and hope for more collaborations in 2022



Special mention to RRR Society



## THANK YOU

#### **Contact Us**

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