



The information and processes provided in this document is current at 14 October 2022.

The information may be subject to, but not limited to, changes in the health risk environment, updates and requests from ACT Health and that residential students will follow the requirements outlined in any COVID-19 plans. This information is consistent with ACT Government COVID-19 information and advice in the ACT (2022)

<https://www.covid19.act.gov.au/>

While COVID-19 local jurisdiction health directives may have eased in the broader Canberra community, particularly around self-isolation requirements, ANU is still encouraging COVID-19 safe behaviours within our Residential Accommodation to provide and maintain a safe environment for all staff and residents.

The creation of a COVID-19 safe environment is underpinned by a culture in which every individual behaves in a COVID-19 safe manner and respects the safety of others. These COVID-19 safe behaviours and information include:

- **Isolation**

- Isolation requirements are no-longer mandatory as at 14 October 2022 in accordance with local health directives. As part of COVID-19 safe behaviours ANU still expects residents who are either displaying COVID like symptoms or who have COVID-19 to wear a mask and limit their movement in the community and outside of their private rooms as much as is reasonably practicable.

- **Vaccinations**

- The University recommends that members of the ANU community are up to date with their vaccinations against COVID-19. Vaccination reduces the risk of spread of the SARS-CoV-2 virus that causes COVID-19 and the development of severe disease, hospitalisation, and other complications

- **Ventilation**

- Opening windows and doors where available.

- **Cleaning. Routine cleaning should continue as standard practice**

- Students will be responsible for cleaning their own rooms and apartments, including frequently touched areas and surfaces. Students will be able to access supplies of Viraclean and paper towels through the reception desk.

- **Testing**

- While Rapid Antigen Tests (RATs) will not be used as an ongoing surveillance tool, this type of testing can be implemented prior to certain activities and events. These should be used every time someone feels unwell, displays COVID-19, cold or flu like symptoms or comes into contact with a known COVID-19 positive person.

- **Social Distancing**

- Keep your distance from others where possible, particularly when indoors, and avoid crowded spaces.

- **Masks**
  - Wearing of masks is strongly encouraged in all indoor communal settings in the Halls of Residence, where it isn't possible to properly physically distance. Residences may request residents to wear a mask at reception or during face to face meetings.
  
- **Hygiene**
  - Good hygiene must be practised at all times through frequent washing or sanitising of hands, sneezing and coughing into elbows, and cleaning up your immediate area after use.
  
- **Communication**
  - All residents must inform their residence when they test positive for COVID-19 either with a PCR test or RAT through the ANU form (ANU COVID-19 positive notifications). They must also register their positive result with ACT Health using this online form, or with the state/territory health authority where you are located and alert the University through this online form.
  
- **Wellbeing Support**
  - It's encouraged that if someone tests positive to COVID-19, and they are comfortable to do so, they let the people in their close support networks know and reach out for support. This could be friends, family, student leadership, staff or health professionals.
  
  - Students that have a pre-existing condition that could be exacerbated by COVID-19, or increases the risk of severe symptoms of COVID-19, they should seek ACT Health advice on appropriate management of their condition via the covid care@home service: [Information for people who test positive for COVID-19 - COVID-19 \(act.gov.au\)](#)
  
  - Students who have concerns about mental health or wellbeing will be able to:
    - Contact your Head of Residence, Deputy Head of Residence or Residential Wellbeing Coordinator.
    - Book an online counselling session with a mental health provider from the ANU Counselling Centre via email at [counselling.centre@anu.edu.au](mailto:counselling.centre@anu.edu.au) or phone: 02 6125 2442.
    - Seek support and assistance is also available through the Student Safety and Wellbeing [student.wellbeing@anu.edu.au](mailto:student.wellbeing@anu.edu.au).
    - Other free support can be provided 24 hours a day, 7 days a week via ANU Crisis Support Line on 1300 050 327 or via SMS Text message service on 0488 884 170

**Resources:**

- The [ACT Government COVID-19 website](#)
- The ANU [COVID-19 Advice page](#)
- The ANU [COVID Safety Management chapter](#) of the University's WHS Management System Handbook.
- Student [COVID-19 Info Hub - Home \(sharepoint.com\)](#)