



Mid Month HDR Update



Three Minute Thesis (3MT)

The Three Minute Thesis competition is the ultimate research communication challenge – just three short minutes and only a single PowerPoint slide to convey the essence of your research in a way that anyone can understand. Come along and hear about this year's competition and how you can take part.

May 12 | [3MT Launch/Information Session](#)

May 20 | [How to Win 3MT – workshop # 1](#)

May 28 | [How to Win 3MT – workshop # 2](#)

Jun 4 | [3MT Tryouts](#)

Jun 9 | [3MT Tryouts](#)

Jun 24 | [3MT Tryouts](#)



Workshop Series: Career Doctor

Dr. Lindsay Hogan, a Learning Advisor specialising in research commercialisation, industry engagement and teaching is offering several workshops to help you navigate post-study employment.

[Prepping for academia: how to spice up your CV](#)

Ready to kickstart your academic career? Learn how to craft a standout academic CV, structure selection criteria responses, and develop the career capital needed for

competitive academic positions. Gain insider knowledge about university recruitment!

[Professional networking: opening doors to career opportunities](#)

Want to open doors to exciting opportunities? Discover how to network effectively, deliver compelling research introductions, and make lasting professional connections. Learn practical networking strategies, from using LinkedIn to career fair preparation.

[Freelancing: how to leverage your research skills](#)

Want to be your own boss? Discover how to turn your research expertise into a freelance business. Learn about growing self-employment sectors, essential business setup requirements, and how to attract clients. Perfect for researchers considering consulting or entrepreneurship.

[Making the most of LinkedIn: build your professional brand](#)

Why use LinkedIn when you have ResearchGate? Because millions of professionals, including research leaders, use LinkedIn to connect, collaborate and hire

Apr 22 | [Prepping for academia: how to spice up your CV](#)

May 2 | [Professional networking: opening doors to career opportunities](#)

May 19 | [Freelancing: how to leverage your research skills](#)

Jun 13 | [Making the most of LinkedIn: build your professional brand](#)



Workshop Series: PR for Academics

Presented by communications expert Simon Clews, the PR for Academics series of workshops aims to assist HDR candidates to spread the word about their amazing work beyond the walls of the academy to the hugely interested audiences outside.

[Standing and Talking](#)

Making oral presentations to a live audience can be one of the most challenging, but also the most rewarding ways to communicate your research. This workshop will show you how to develop the skills necessary to become a confident communicator.

[Working With the Media and Giving Good Interviews](#)

A good interview, whether live-to-air for radio or television, recorded for a podcast, or just a chat with a print journalist, is a fine art. Getting your message across within the often quite rigid time constraints and in a very different environment to academia can be challenging, but it is also a highly effective

way of making large audiences aware of your work. This session will look at how to look and sound good - in print, on air and on camera.

Presenting on Screen

If the pandemic taught us anything, it was that you don't necessarily have to be in the same room as your audience to have an impact on them. Giving a good presentation on screen, whether live or pre-recorded, can be a highly effective way to communicate your research.

From TikTok to Youtube and Beyond

If you want to capture the attention of an audience, striking visuals are the way to go. And, if you really want to lodge your story deep in their memory, video is the way to do it. A look at the 'movie magic' of YouTube, Vimeo and TikTok and how you can use them to spread the word about your work.

Making Documentaries and Exhibitions

Exhibitions and documentaries are the perfect vehicles for engaging with large numbers of people in very exciting and dynamic settings. This session looks at the practical and organizational sides of getting your message across in these very outward-facing environments.

Influencer 101

Research is not finished until it's communicated, as the saying goes, and a strong, planned and curated digital presence will see you become an academic influencer to be taken note of. This workshop will show you how to 'control your pigeonhole' and make your mark on the world.

Podcasting

Australians are now the world's most avid podcast listeners with, at the last count, close to 800 million podcasts being downloaded in this country annually. This session will offer a practical look at how you can create research-based content for this massive audience.

May 22 | [Standing and Talking](#)

May 27 | [Working With the Media and Giving Good Interviews](#)

May 29 | [Presenting on Screen](#)

Jun 3 | [From TikTok to Youtube and Beyond](#)

Jun 5 | [Making Documentaries and Exhibitions](#)

Jun 10 | [Influencer 101](#)

Jun 11 | [Podcasting](#)



Opportunities

Apr 22 | [Prepping for Academia: How to spice up your CV](#)

Apr 28 | [Word for academic writing: maintaining consistency in your thesis](#)

Apr 29 | [Research data management](#)
Apr 30 | [Find & Evaluate Resources](#)
Apr 30 | [NVivo self paced NVivo Learning](#)

May 2 | [Professional networking: open doors to career opportunities](#)
May 5 | [Word for academic writing: putting your thesis all together](#)
May 8 | [ANUSA HDR Coffee Club](#)
May 12 | [ANU 2025 Three Minute Thesis Competition Launch/Information Session](#)
May 19 | [Freelancing: how to leverage your research skills](#)
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May 22 | [PR for Academics: Standing and Talking](#)
May 27 | [PR for Academics: Working With the Media and Giving Good Interviews](#)
May 28 | [How to Win 3MT – workshop 2](#)
May 29 | [PR for Academics: Presenting on Screen](#)

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